## COOPERNORCROSS





800-962-1011 \* www.rainbowracing.com \* MADE IN THE U.S.A

HRC YACINO

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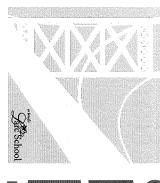
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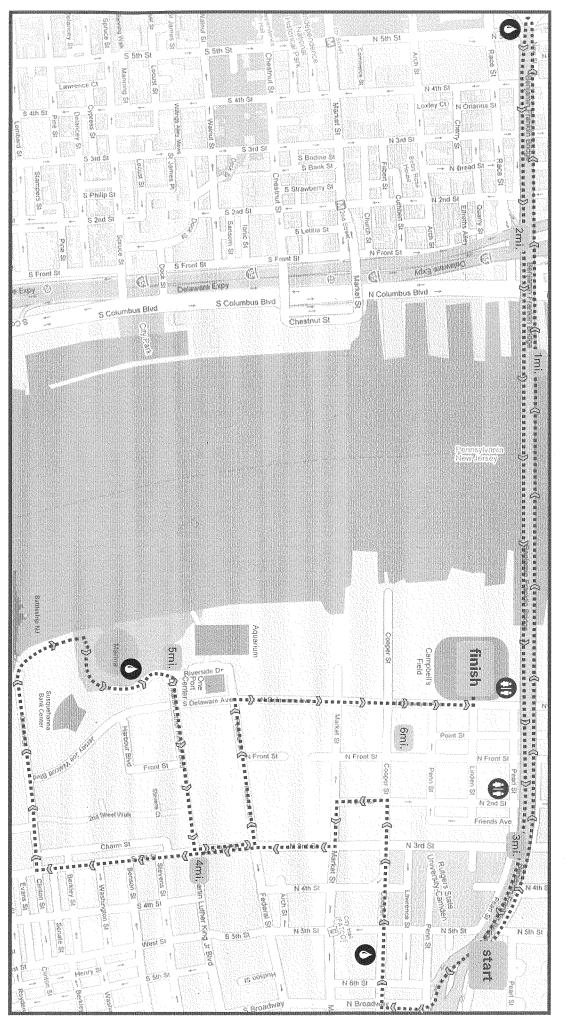
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### Presented by AmeriHealth New Jersey

### coursemap

November 1, 2015 check results at runthebridge.org





## >> 10K Course Directions

- Start at toll gates on the Jersey Side
- Run over the bridge on westbound lanes, turnaround on Philly side at the break in the barriers **TURNAROUND IS ON THE BRIDGE.**
- Run back over bridge on eastbound lanes.
- Bear to the right at the base of the bridge and take
  2nd right onto Broadway.
- At the light, make a right onto Cooper Street.
- Follow Cooper Street to N 2nd Street and make a left onto N 2nd Street.
- At corner, turn left onto Market Street.
- Take Market to 3rd Street and turn right onto 3rd.
- Take 3rd Street to Clinton Street and make a right onto Clinton Street.
- Follow Battleship Place around to the Promenade/ Brick Walk.
- At the circle by the Battleship, go around then bear off to the paved driveway up the hill to the circle at Dr. Martin Luther King Jr. Blvd and go around the circle onto Dr. Martin Luther King Jr. Blvd.
- Continue to 3rd Street and turn left onto 3rd Street.
- Take 3rd Street to Federal Street and turn left onto Federal Street.

# coursedirections >

- Take Federal Street to Delaware Ave and turn right onto Delaware Ave.
- Stay on Delaware and take left into Campbell's Field, Right Field Entrance.
- Run across right field toward center field.
- The finish line will be staged in center field

In case of bad weather (heavy rains), the finish line will be located on Delaware Avenue. Participants will stay straight on Delaware and not turn into the stadium. That decision will be made on the morning of the event.

# >> 2-Mile Bridge Walk Directions

- Start at the toll gates on the New Jersey side. Line up behind the runners.
- Walk up to the 1-mile marker staying close to the center barrier in the westbound lanes.
- Turnaround at the 1-mile marker now walking close to the water still in the westbound lane but walking back down the bridge toward the New Jersey tolls.
- The Walker Finish Line is where the start took place.
- Walkers must complete the bridge walk in 50 minutes or less.
- Once finished the walk, exit to the left side of the bridge do not cross over barrier onto other side of bridge.